

**Information Pack**  
**Pre-arrival information for International Students**  
**at the Royal Irish Academy of Music**

## Welcome

Welcome to the Royal Irish Academy of Music. We hope that you have an excellent learning and cultural experience during your time with us.

## Contact Details:

International Relations Coordinator:

Deborah Kelleher  
Tel: +353 1 6325300  
E-mail: [dkkelleherdeborah@gmail.com](mailto:dkkelleherdeborah@gmail.com)

General Office Supervisor:

Frances Hogan  
T: +353 1 6325312  
E-mail: [franceshogan@riam.ie](mailto:franceshogan@riam.ie)

## About the Erasmus Programme

Erasmus is the EU's flagship education and training programme, enabling two hundred thousand students to study and work abroad each year, as well as supporting co-operation actions between higher education institutions across Europe.

Studies show that a period spent abroad not only enriches students' lives in the academic field but also in the acquisition of intercultural skills and self-reliance. Staff exchanges have similar beneficial effects, both for the people participating and for the home and host institutions.

## English Language Requirements

As all international students are required to possess sufficient language skills to attend lectures and sit examinations at RIAM. Students should be competent to communicate through the medium of English prior to their arrival. Acceptable Qualifications:

**TOEFL:** 215 (Computer based test) or 80 (Internet based test)

**IELTS:** Composite score in the range of 6.0-6.5 with not less than 6.0 in any one component.

**UCLES:** Proficiency in English: Grade C or Advanced English: Grade A

RIAM recommends Malvern House language school ([malvernhouse.ie](http://malvernhouse.ie)) which is located close by and offers courses which cater specifically for the language needs of students.

## Important Document

Before you leave home there are many things to prepare. Please read the following points carefully and make sure you bring the necessary documentation with you to Ireland. Below is a checklist of what you need to bring with you:

- Passport
- Passport photographs
- Health insurance documents
- International student ID and travel card (ISIC)
- Offer email from RIAM
- Phone number of RIAM main reception (+353 1 6325300)
- Phone number of International Students contact person (Deborah on +353 1 6325301)
- Other relevant phone numbers and email addresses
- Money to pay for accommodation
- Personal money

## Arrival at RIAM

On your arrival you will meet with Deborah Kelleher to discuss your learning agreement, timetable for classes and will process your required documents. Deborah will introduce you to an Erasmus 'Buddy', a RIAM student who will show you around and introduce you to other students

## Academic Calendar

The RIAM academic calendar for 2013/2014 is as follows:

16<sup>th</sup> September to 20<sup>th</sup> December  
14<sup>th</sup> January to 6<sup>th</sup> June

## Student Services and Facilities

RIAM is committed to providing support services in line with best practice as outlined under the Higher Education Authority (HEA) guidelines.

These services include:

- Health Centre
- Student Counselling Service

- Careers Advisory Service
- Access Service

Our facilities include:

- Library
- Student Canteen
- Information Communication Technology (ICT) Services

### **Library**

The RIAM Library provides information resources and services that will be an essential part of your learner experience. The Library is open throughout the year. Borrow books and videos, view DVDs, use library computers, access electronic resources or simply bring your own laptop and connect it to RIAM's wireless network.

### **Student Common Room/Canteen**

Students are welcome to cook light meals and make tea/coffee in the Student Common Room

### **Noticeboard**

A notice board is located directly outside the Student Common Room. This board displays official formal information and also general information about various RIAM activities.

### **Student Lockers**

Lockers are available for allocation to students and are provided on a first-come, first-served basis. You must provide your own locks.

### **Note:**

- You should clear lockers and leave them open before you leave RIAM.
- All lockers are emptied and cleaned during the month of August and any contents are disposed of.

### **Lost Property**

All losses should be reported in writing to the Porters at Front Desk. Likewise any articles found should be handed up to the Porters. Please take due care with all your belongings, as RIAM cannot accept liability for loss or damage to student property.

### **Important Contacts at RIAM**

Switchboard:	+353 1 6325300
International Relations Coordinator:	Deborah Kelleher <a href="mailto:dkkelleherdeborah@gmail.com">dkkelleherdeborah@gmail.com</a> +353 1 6325301
General Office Supervisor:	Frances Hogan <a href="mailto:generaloffice@riam.ie">generaloffice@riam.ie</a> +353 1 6325312
Library:	Philip Shields <a href="mailto:philipshields@riam.ie">philipshields@riam.ie</a> +353 1 6325317
Access Officer:	Eoin O' Dwyer <a href="mailto:eodwyer@riam.ie">eodwyer@riam.ie</a> +353 1 6325384

### **Accommodation**

RIAM does not provide any student accommodation on campus but our city centre location means that we are accessible from most parts of Dublin. We recommend the following sites for students seeking accommodation:

[www.daft.ie](http://www.daft.ie)  
[www.rent.ie/student-accomdation/](http://www.rent.ie/student-accomdation/)

The prices for the accommodation vary but, in general:

- The studios are most expensive and might cost you from €500 up to €1000 a month
- A single room in a house or apartment shared with others costs approximately from €300 to €500 a month
- A double room in a house or apartment shared with others costs between € 400 and €600 a month

The deposit for the room would be normally one month's rent and should be returned to you when your rent contract expires.

For advice on the location of the accommodation you are considering, please contact the RIAM Students Union ([riamsu@gmail.com](mailto:riamsu@gmail.com)) who will be happy to assist you.

**Note:**

- We do recommend that students do not make any payments for a deposit and/or rent for private accommodation before arrival in Ireland.
- You should always view the accommodation before signing a lease or paying any money.

### Cost of Living

The estimated cost of living for students in Ireland is estimated at approximately €800 - €1000 per month.

### Insurance

All full-time students in RIAM are covered by a personal accident insurance scheme. The fee is covered under the student services charge which all full-time students (or a grant agency on their behalf) pay to RIAM at the beginning of each academic year.

#### *Medical Insurance*

All EU students are eligible to avail of the full medical services in Ireland. In order to do so, students must bring a European Health Card with them which may be obtained from their local health boards in their home countries. It should be noted that the European Health Card entitles students to public health care for medical treatment.

#### *Private Health Insurance*

Additional private health care can be obtained from the following Irish Health Insurance companies:

Voluntary Health Insurance Board (VHI): [www.vhi.ie](http://www.vhi.ie)

Aviva Health Insurance Ireland: [www.avivahealth.ie](http://www.avivahealth.ie)

### FAQs

#### *Is it possible to get insurance for my belongings when I am in rented accommodation?*

Insurance for student possessions is quite limited. The following company provides cover [www.cover4students.com](http://www.cover4students.com)

#### *How much will I spend on food?*

For food, including some meals bought on campus or in cheaper restaurants, you will probably spend between €70 and €100 a week.

#### *How much will I spend on transport?*

The average journey on a bus in Dublin is about €1.60 - €2.20 but weekly and monthly bus tickets can be bought at a discounted price if you have a Student TravelCard. See [www.dublinbus.ie/](http://www.dublinbus.ie/) for more details.

Many students also cycle in Dublin and there are road lanes dedicated to bicycles only. Cycling in Dublin can be quite dangerous, particularly at peak times, so if you do decide to cycle you should wear a bicycle helmet and reflective or bright clothing.

#### *Is socialising in Dublin expensive?*

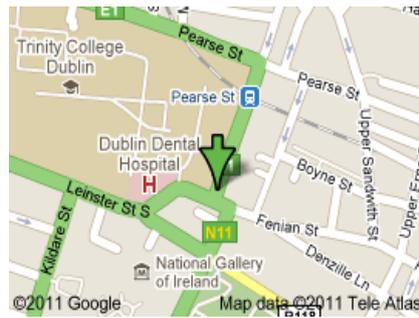
Cinema tickets cost between €7 and €12 depending on what time and where you see the film. Student discounts are usually available during the week on production of a student card. Most cinemas do not offer student rates at the weekend.

Theatre tickets are slightly more expensive. Depending on the venue, entrance fees to nightclubs vary between €7 and €15.

A pint of beer in Dublin costs about €4.50 and a glass of wine costs about €5, however this depends on what bars you socialise in.

Cigarettes are expensive at €10 for a packet of 20 but this expense depends on your lifestyle. There is a ban on smoking in the workplace. This means that smoking is now prohibited in bars and restaurants.

## RIAM Location in Dublin



See map at:

[http://maps.google.com/maps?f=q&source=s\\_q&hl=en&geocode=&q=36+Westland+Row,+Dublin,+Ireland&aq=0&sl=37.0625,95.677068&sspn=34.587666,78.837891&ie=UTF8&hq=&hnear=36+Westland+Row,+Dublin+2,+County+Dublin,+Ireland&z=16](http://maps.google.com/maps?f=q&source=s_q&hl=en&geocode=&q=36+Westland+Row,+Dublin,+Ireland&aq=0&sl=37.0625,95.677068&sspn=34.587666,78.837891&ie=UTF8&hq=&hnear=36+Westland+Row,+Dublin+2,+County+Dublin,+Ireland&z=16)

## Transport

### By Air:

Dublin Airport is located approximately 10 km north of Dublin city centre. The Aircoach and Airlink buses run directly to the city centre from outside the arrivals hall where taxis are also available <http://www.aircoach.ie/>

<http://www.dublinbus.ie/en/Your-Journey1/Timetables/All-Timetables/747/>

Further information is available at <http://www.dublinairport.com/gns/to-from-the-airport/overview.aspx>

### Rail:

Dublin has two major railway stations: Heuston Station and Connolly Station

#### Heuston Station serves:

The south-west and west: Cork, Limerick, Galway, Waterford, Kilkenny, Carlow, Westport.

#### Connolly Station serves:

The south-east, north, and north-west: Belfast, Sligo, Wexford, Maynooth.

For getting around Dublin, the DART suburban rail line follows a coastal route, from Malahide and Howth to the north, all the way around the scenic Dublin Bay to Bray and Greystones to the south.

The closest DART station to the RIAM is Pearse Station. Turn left as you come out of the station and the RIAM is approximately 200 metres further along the same street. Further information is available at [www.irishrail.ie](http://www.irishrail.ie)

### Bus:

The main bus station, Busáras, is approximately 15 minutes walk from the RIAM.

Further information is available at [www.buseireann.ie](http://www.buseireann.ie) or [www.dublinbus.ie](http://www.dublinbus.ie)

## Living in Ireland

### Geography

Ireland is the most westerly country of the European Union, separated from Great Britain by the North Channel on the northeast and the Irish Sea on the east. Ireland is an island of 84,430 sq. km (32,598 square miles). Its greatest length is 485 km (302 miles), its greatest width 304 km (189 miles), and its coastline extends for over 5,631 km (3,500 miles). The highest mountain is Carrantuohill (1,040 metres/3,414 feet), near Killarney in County Kerry. The longest river is the Shannon (370 km/230 miles). The largest lake is Lough Neagh (396 sq. km/153 square miles) in Northern Ireland.

The country is divided into four historic provinces. Ulster (9 counties) in the north; Munster (6 counties) in the south; Leinster (12 counties) in the east; and Connacht (5 counties) in the west. The population of the 32 counties of Ireland is approximately 5 million.

### Landscape

The landscape varies from bogs and lakes in the central lowlands to mountains and rocky islands in the west. Between these two extremes, the island has abundant lush, green pastureland but little natural woodland.

### Climate

Winters in Ireland are mild and summers temperate due to the prevailing south westerly winds and the influence of the warm waters of the North Atlantic Drift. Ireland has a mild climate all year-averaging 2° - 7°C (35° - 45°F) in winter and 18° - 24°C (65° - 75°F) in summer.

May and June are the sunniest months with an average of over 7 hours of sunshine per day. However, you will always need a waterproof jacket or/and an umbrella.

### **Time Zone**

Ireland is in the same time zone as Great Britain, Greenwich Mean Time (GMT). The clocks change twice yearly for summer time. The summer time period starts the last Sunday in March at 1.00am GMT, i.e. the clock goes forward one hour. The summer time period ends the last Sunday in October at 1.00am GMT, i.e. the clock goes back one hour.

### **Religion**

Ireland is a religious country, with approximately 85% Roman Catholic. Many other religions are respected and represented. There are Church of Ireland, Presbyterian, Methodist and Baptist Churches, as well as Eastern Orthodox and Salvation Army communities. Several American gospel groups are represented as well as Jehovah's Witnesses and Mormons. In addition to the Christian denominations there are centres for Buddhists, Hindus, Bahais and for people of the Islamic and Jewish faiths.

### **Currency**

The currency of the Republic of Ireland is the Euro (€). Euro notes are in seven denominations: 5, 10, 20, 50, 100, 200 and 500 Euro. There is 100 cent to the Euro and coins are in eight denominations: 1, 2, 5, 10, 20 and 50 cent, and 1 and 2 Euro. As Northern Ireland is part of the United Kingdom, the pound sterling (Stg £) is in use there and denominations are similar to that of the Euro.

### **Banking**

There are five retail banks in Ireland, the Bank of Ireland (BOI), the Allied Irish Bank (AIB), the Ulster Bank, the National Irish Bank and the TSB Bank. The BOI offers its services on the IADT campus. Most banks are open from Monday to Friday from 10am to 4pm. ATM facilities are available in most towns and villages.

### **Credit Cards**

All major credit cards (Visa, MasterCard) are accepted practically everywhere in service and retail outlets. Some outlets may accept Diners Club and American Express cards. Most credit cards can be used in ATMs, especially the Bank of Ireland and Allied Irish Bank ATMs.

### **Postal Service**

Post Offices are open from 9am to 5.30pm during the week and from 9am to 1pm on Saturdays. They offer a full postal service to all countries and often offer banking facilities.

### **Electricity**

In Ireland, the same as in most parts of Europe, standard electricity voltage is between 220 – 240 volts, and frequency is 50 Hertz. If your electric goods are not suited to work under these conditions, you should buy a transformer. This especially applies to those of you who are bringing your electrical goods from the USA. Buildings in Ireland have sockets for 13 amp square pin fused plugs. Adaptors can be bought in any hardware shop to adapt your plugs to fit 3 pin sockets.

### **Telephone**

Public telephones in Ireland are coin, card or credit card operated. Card operated telephones take a telephone card that can be bought from newsagents and can be used for several calls until the credit runs out. International phone cards can also be bought from most newsagents. The international dialling code for Ireland is +353 and the area code for Dublin is (0)1.

Most people in Ireland have a mobile phone and students may purchase a mobile phone on arrival in Ireland. Mobile phone companies in Ireland include Vodafone ([www.vodafone.ie](http://www.vodafone.ie)), O2 ([www.o2.ie](http://www.o2.ie)), 3Ireland ([www.three.ie](http://www.three.ie)) and Meteor ([www.meteor.ie](http://www.meteor.ie)).

### **Radio and Television**

Ireland has three state controlled television channels, *RTE 1*, *Network 2* and the Irish language *Tellifis na Gaeilge* (TG4), and one privately run channel, *TV3*. There are six national radio stations and many local ones. British TV channels can be picked up in most parts of Ireland on Cable TV.

### **Newspapers and Magazines**

Popular national daily newspapers include the *Irish Times*, *Irish Independent* and the *Irish Examiner*. There are also daily tabloid newspapers. Most towns have a local or regional paper, which tell you what's on and where. All good newsagents sell a wide variety of special interest magazines, from sport to business.

### **Driving in Ireland**

In Ireland, cars are driven on the left-hand side of the road. In towns and cities the speed limit is normally 50 kilometres per hour but on certain roads higher or lower limits may apply. A general speed limit of 100 kilometres per hour applies on all roads except for motorways where a speed limit of 120 kilometres per hour applies.

The laws regarding speeding, drink-driving and wearing seatbelts in Ireland are very strict. There is a penalty point system in operation, whereby points will be added to your driving licence for road safety offences. Full details on all road safety offences can be found at [www.rsa.ie](http://www.rsa.ie)

### Working in Ireland

EU/EEA students are allowed to work in Ireland without restriction on the number of hours or on the type of work. Non-EU students are allowed to work for 20 hours per week during their study period in Ireland. Students may work full time (40 hours per week) during the vacation period.

Before starting employment it is necessary to obtain a PPS number from the **Social Welfare Local Offices**. Dun Laoghaire Social Welfare Office is located in 18/21 Cumberland Street, Dun Laoghaire, Co. Dublin.

Tel: +353 1 214 5540, fax: +353 1 280 3563

[www.welfare.ie](http://www.welfare.ie)

Opening Hours: Mon-Fri 9.30am - 4pm

Applicants will need to present the following documents in person, and fill out an application form:

- Passport + Immigration Card
- Proof of address in Ireland

When your PPS number card is ready it will be posted to your address in Ireland. Generally applications take 10 working days to process.

### Public Holidays

There are 9 public holidays in Ireland each year. Public holidays in Ireland (as in other countries) may commemorate a special day or other event, for example, St Patrick's Day (17th March) or Christmas Day (25th December). On a public holiday, sometimes called a *bank holiday*, most businesses and schools close. Other services, for example, public transport still operate but often with restricted schedules. The main public holidays in Ireland are:

- New Year's Day (1<sup>st</sup> January)
- St. Patrick's Day (17<sup>th</sup> March)
- Easter Monday
- First Monday in May, June, August
- Last Monday in October
- Christmas Day (25<sup>th</sup> December)
- St. Stephen's Day (26<sup>th</sup> December)

Good Friday is not a public holiday

### Leisure Time in Dublin

It is important to take a break from study every once in a while and enjoy the rich social life Dublin has to offer. Temple Bar is a popular area in Dublin city, with many restaurants and pubs. This area, attractive for tourists, is well worth a visit.

### Cinemas

Dublin is well served by cinemas. The Irish Film Institute shows a variety of alternative films, and Cineworld and the Savoy cinemas show the latest films on general release.

There is a Irish Multiplex Cinema (IMC) in Dun Laoghaire, situated in Lower George's Street, Phone: 01 230 1367, Information Line: 01 280 7777, Opening Hours: Mon-Fri 1:00pm / Sat-Sun 12:00pm

Log onto [www.imccinemas.ie](http://www.imccinemas.ie) to find out about admission prices, etc. Bring your student card to the cinema with you at all times, and ask for the student rates.

### Museums and Art Galleries

Most museums and art galleries can be visited free of charge. Popular choices are the National Gallery of Ireland ([www.nationalgallery.ie](http://www.nationalgallery.ie)); the Natural History Museum ([www.museum.ie](http://www.museum.ie)) in Merrion Square; the Hugh Lane Municipal Gallery of Modern Art ([www.hughlane.ie](http://www.hughlane.ie)) in Parnell Square, the Irish Museum of Modern Art ([www.imma.ie](http://www.imma.ie)) and Kilmainham Gaol [www.heritageireland.ie/en/dublin/kilmainhamgaol/](http://www.heritageireland.ie/en/dublin/kilmainhamgaol/), both in Kilmainham. Also worth a visit are the Chester Beatty Library ([www.cbl.ie](http://www.cbl.ie)), the National Museum of Decorative Arts and History at Collin's Barracks ([www.museum.ie](http://www.museum.ie)) and Dublin Castle ([www.dublincastle.ie](http://www.dublincastle.ie))

Log onto [www.heritageireland.ie](http://www.heritageireland.ie) for more information on museums, art galleries, etc.

### Theatres

Theatres, such as The Abbey ([www.abbeytheatre.ie](http://www.abbeytheatre.ie)) and Gate ([www.gate-theatre.ie](http://www.gate-theatre.ie)) provide a good variety of plays (an enjoyable way to improve your English). There is also The Pavilion Theatre in Dun Laoghaire ([www.paviliontheatre.ie](http://www.paviliontheatre.ie)). Many theatres offer student discounts on production of a valid student card.

### *Traditional Irish Music*

Traditional Irish music can be heard in many pubs and bars in the city. It isn't necessary to drink alcohol to enjoy a night in the pub as soft drinks are also available. Several pubs also specialise in jazz and fusion music, while classical music is available at the National Concert Hall ([www.nch.ie](http://www.nch.ie)) in Earlsfort Terrace and at other venues.

### *Restaurants*

Restaurants range widely in price and there are many cheap places to eat, such as pizzerias, pasta restaurants and ethnic restaurants [www.menupages.ie/Dublin](http://www.menupages.ie/Dublin)

### *Nightclubs*

There are also plenty of nightclubs in Dublin. For a list of nightclubs log onto [www.dublinuncovered.net](http://www.dublinuncovered.net)

### *Where to find out what is going on!*

The quickest way to get information about what's on in Dublin are these websites:

- [www.indublin.ie](http://www.indublin.ie)
- [www.entertainment.ie](http://www.entertainment.ie)
- [www.eventguide.ie](http://www.eventguide.ie)

### *The Ticket*

The Friday edition of the Irish Times newspaper has an entertainment section called 'The Ticket' which has full details of events for the week ahead.

## Travel in Ireland

### *Irish Rail*

Inter City Rail Services/Iarnród Éireann also known as Irish Rail - [www.irishrail.ie](http://www.irishrail.ie) - is the only company providing rail services in the Republic of Ireland. There are two main stations in Dublin providing train services to the rest of the country. Connolly Station serves Belfast, Rosslare (for ferry services) and Sligo. Heuston Station serves all other cities including Cork, Limerick, Galway and Waterford. Train services are usually quicker than bus services, especially on longer journeys. There are also Commuter Rail Services operating from Connolly Station to Drogheda, Arklow, and Maynooth and from Heuston Station to Kildare. While these services can be a bit slow, they serve most stations en route and provide a good alternative to buses.

### *DART (DUBLIN AREA RAID TRANSIT)*

This electrically-operated train system serves 27 stations along the coast of Dublin. Running from Howth in the north to Bray and Greystones in the south, it is an efficient way to travel on Dublin's east side.

### *The LUAS*

LUAS is a tram service which operates 2 lines. The Green Line connects Sandyford to St. Stephen's Green and the Red Line connects Tallaght to Connolly Station. The Red Line and Green Line do not connect at present. There is a 15-minute walk between Abbey St. on the Red line and St. Stephen's Green on the Green Line. Tickets bought for a journey starting on one line and finishing on the other are valid for the whole journey. Trains run from 5.30am to 12.30am every 7-10 minutes at peak times on the Red Line and every 5 minutes at peak times on the Green Line. Single journey tickets start from €1.50 depending on the length of your journey. A reduction in weekly and monthly fare prices is available if you have a Student TravelCard. Log onto [www.luas.ie](http://www.luas.ie) for more information.

### *Bus Services*

*Bus Éireann* - [www.buseireann.ie](http://www.buseireann.ie) - operates a service from Bus, the Central Busáras Station, Store Street, Dublin 1. This is the place where you can get buses to all parts of the country. Information on departure times, routes, cost etc. is available from there. The general passenger information line is open Monday to Saturday 8.30am to 7pm and 9am to 7pm on Sunday and Public Holidays. The number for this is +353 1 8302222. Bus Éireann also operate urban bus services in the Republic of Ireland's other main cities. Radiating principally from the centres of Cork, Limerick, Galway and Waterford.

*Bus Átha Cliath or Dublin Bus* - [www.dublinbus.ie](http://www.dublinbus.ie) - operates an extensive network of bus routes from the city centre to most destinations in the city. Buses in the Dublin area run from 6.30am to 11.30pm approximately, with a reduced service on Sunday. Dublin Bus also runs a service from the Dublin airport to the city centre.

**Nitelink** - Dublin Bus operates an express night bus service from Dublin city centre to a large number of suburban destinations. You can pay on the bus with coins only. Please note that banknotes are not accepted as bus drivers do not handle cash therefore no change can be given. You can also pay with a prepaid ticket. For further information log onto [www.dublinbus.ie/en/Your-Journey1/Timetables/NitelinkServices/](http://www.dublinbus.ie/en/Your-Journey1/Timetables/NitelinkServices/). Telephone Information Service phone +353 1 8734222.

**Aircoach** - [www.aircoach.ie](http://www.aircoach.ie) - is a company operating services between Dublin airport's arrivals terminal, Dublin's main hotels/business districts in the city and Dun Laoghaire. They can also make request stops in the city centre.

#### ***Student Travel Discounts***

Full-time students can purchase a Student TravelCard which is valid on Dublin Bus, Iarnrod Éireann rail services, DART, LUAS and Bus Éireann services.

#### ***Taxis***

Taxis are available throughout Ireland. However, they are expensive - ask what the price is likely to be before travelling in the taxi! The initial charge when you hail a Dublin taxi is €4.10 and includes the first kilometre. Additional kilometres are charged at €1.03. The kilometre rate goes up to €1.35 after 15 kilometres. On longer journeys, the rate increases again to €1.77 per kilometre. Bear that in mind when taking a taxi to or from locations on the outskirts of Dublin. If you are travelling in a group of two or more, then your driver will add a €1.00 charge per additional passenger.

### Emergency Contact Details Form

Please complete and return to Deborah Kelleher ([dkkelleherdeborah@gmail.com](mailto:dkkelleherdeborah@gmail.com) / +353 1 6325301)

**Personal Details**

<b>Name:</b>	
<b>Surname:</b>	
<b>ID number (as per your offer letter):</b>	
<b>Date of Birth:</b>	
<b>Term Address while studying at RIAM:</b>	
<b>Accommodation Tel:</b>	
<b>Mobile:</b>	
<b>E-mail address:</b> Please give the one you check most regularly:	

**Emergency Information:**

In the event of an emergency, I allow RIAM to contact the following person(s). If a member of your family, please indicate the relationship.

<b>Nominated Family member:</b>	
<b>Name:</b>	
<b>Surname:</b>	
<b>Address:</b>	
<b>E-mail</b>	
<b>Home Tel:</b>	<b>Work Tel:</b> <b>Mobile:</b>

If my parents/guardians are not available, the following may be contacted:

<b>Relationship of nominated person</b>	
<b>Name:</b>	
<b>Surname:</b>	
<b>Address:</b>	
<b>E-mail</b>	
<b>Home Tel:</b>	<b>Work Tel:</b> <b>Mobile:</b>

Signature of Student: \_\_\_\_\_ Date: \_\_\_\_\_

### Medical Form

[Answers will be treated in strict confidence]

**Before arriving in Dublin, please complete this form and return it to Deborah Kelleher  
([dkkelleherdeborah@gmail.com](mailto:dkkelleherdeborah@gmail.com)/+353 1 6325301)**

#### Personal Details

<b>Name:</b>	
<b>Surname:</b>	
<b>Date of Birth:</b>	
<b>ID number (as per your offer letter):</b>	
<b>Home Address:</b>	
<b>Contact Number:</b>	
<b>e-mail address:</b>	
<b>Name and Address of Family Doctor:</b>	Name: Address:
<b>Medical Card No. (if applicable):</b>	

#### Precious Medical History

<p><b>Do you suffer from any physical disability? Yes <input type="checkbox"/> No <input type="checkbox"/></b></p> <p>If Yes please state the nature of the disability:</p>																			
<p><b>In particular, do you suffer or have you suffered from any of the following disorders?</b></p> <table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 70%;"></th> <th style="width: 15%; text-align: center;">Yes</th> <th style="width: 15%; text-align: center;">No</th> </tr> </thead> <tbody> <tr> <td><b>Diabetics</b></td> <td style="text-align: center;"><input type="checkbox"/></td> <td style="text-align: center;"><input type="checkbox"/></td> </tr> <tr> <td><b>Epilepsy</b></td> <td style="text-align: center;"><input type="checkbox"/></td> <td style="text-align: center;"><input type="checkbox"/></td> </tr> <tr> <td><b>Asthma</b></td> <td style="text-align: center;"><input type="checkbox"/></td> <td style="text-align: center;"><input type="checkbox"/></td> </tr> <tr> <td><b>Tuberculosis</b></td> <td style="text-align: center;"><input type="checkbox"/></td> <td style="text-align: center;"><input type="checkbox"/></td> </tr> <tr> <td><b>Skin Rash or Disease</b></td> <td style="text-align: center;"><input type="checkbox"/></td> <td style="text-align: center;"><input type="checkbox"/></td> </tr> </tbody> </table>			Yes	No	<b>Diabetics</b>	<input type="checkbox"/>	<input type="checkbox"/>	<b>Epilepsy</b>	<input type="checkbox"/>	<input type="checkbox"/>	<b>Asthma</b>	<input type="checkbox"/>	<input type="checkbox"/>	<b>Tuberculosis</b>	<input type="checkbox"/>	<input type="checkbox"/>	<b>Skin Rash or Disease</b>	<input type="checkbox"/>	<input type="checkbox"/>
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<p><b>Are you receiving any long-term treatment with drugs or medicines for chronic illness or psychological upsets? Yes <input type="checkbox"/> No <input type="checkbox"/></b></p> <p>If yes what are they:</p>																			

**Have you any other condition which you think might be troublesome while at RIAM?**

Emotional or psychological upsets are particularly important if they have ever affected study or exams.

Yes  No

If Yes please list:

**Please specify any allergies, or drug sensitivity**

**Allergies:**

**Drug Sensitivity:**

**Immunisation, date of most recent inoculations**

**Diphtheria:** \_\_\_\_\_

**Polio:** \_\_\_\_\_

**Rubella:** \_\_\_\_\_

**Tetanus:** \_\_\_\_\_

**B.C.G.:** \_\_\_\_\_

**Others:** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**Other comments on health or medical needs:**

I hereby certify that Mr/Mrs/Ms \_\_\_\_\_ is in good health and fit to attend the RIAM.

**Medical Certificate Date:**

**Signed:** \_\_\_\_\_ **Date:** \_\_\_\_\_